

NIVEAU	COUPE DES RÉGIONS ANRSO BASSIN 25-50											
EVENEMENT												
ÂGE	11	11	12	12	13	13	14	14	15	15	16-17	16-17
50 LIBRE	00:35,0	00:36,0	00:33,0	00:34,0	00:30,3	00:32,0	00:29,1	00:31,0	00:28,5	00:30,0	00:27,9	00:29,0
100 LIBRE	01:22,0	01:25,0	01:16,0	01:19,0	01:08,6	01:13,0	01:05,9	01:07,0	01:03,0	01:05,0	01:01,1	01:04,0
200 LIBRE	02:50,0	02:55,0	02:45,0	02:45,0	02:27,4	02:35,0	02:24,4	02:30,0	02:21,5	02:25,0	02:18,7	02:22,0
400 LIBRE	06:00,0	06:00,0	05:45,0	05:45,0	05:18,5	05:20,0	05:12,1	05:10,0	05:02,8	05:05,0	04:53,7	05:00,0
800 LIBRE	12:20,0	12:00,0	11:50,0	11:30,0	10:33,3	10:50,0	10:20,6	10:20,0	10:08,2	10:10,0	10:02,2	10:00,0
1500 LIBRE					20:13,3	20:20,0	19:49,0	19:50,0	19:13,0	19:20,0	18:50,2	18:50,0
50 DOS												
100 DOS	01:35,2	01:37,0	01:28,0	01:30,0	01:19,5	01:23,0	01:17,9	01:20,0	01:16,3	01:18,0	01:15,6	01:16,0
200 DOS	03:20,0	03:25,0	03:10,0	03:15,0	02:52,9	03:05,0	02:49,4	02:55,0	02:46,0	02:50,0	02:44,4	02:45,0
50 BRASSE												
100 BRASSE	01:45,0	01:45,0	01:38,0	01:40,0	01:29,7	01:35,0	01:27,9	01:30,0	01:26,2	01:28,0	01:25,3	01:26,0
200 BRASSE	03:45,0	03:45,0	03:40,0	03:40,0	03:21,5	03:30,0	03:17,5	03:20,0	03:13,5	03:15,0	03:11,6	03:10,0
50 PAPILLON												
100 PAPILLON	01:40,0	01:40,0	01:32,0	01:35,0	01:22,0	01:30,0	01:20,4	01:25,0	01:18,8	01:20,0	01:18,0	01:18,0
200 PAPILLON	03:30,0	03:35,0	03:24,0	03:25,0	03:11,5	03:15,0	03:07,6	03:10,0	03:03,9	03:05,0	03:02,1	03:00,0
100 QNI		01:35,0		01:30,0		01:25,0		01:20,0		01:18,0		01:16,0
200 QNI	03:24,0	03:30,0	03:09,0	03:10,0	02:46,1	03:00,0	02:42,7	02:50,0	02:39,5	02:40,0	02:37,9	02:38,0
400 QNI	06:30,0	06:30,0	06:15,0	06:15,0	05:54,8	06:05,0	05:47,7	05:55,0	05:40,7	05:45,0	05:37,3	05:40,0

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EVENEMENT												
ÂGE	11	11	12	12	13	13	14	14	15	15	16-17	16-17
50 LIBRE	00:34,0	00:36,0	00:33,0	00:34,0	00:31,4	00:33,0	00:30,5	00:32,0	00:29,8	00:31,0	00:29,3	00:30,0
100 LIBRE	01:18,0	01:25,0	01:14,0	01:19,0	01:09,4	01:14,0	01:07,3	01:10,0	01:05,9	01:08,0	01:04,6	01:07,0
200 LIBRE	02:45,0	02:55,0	02:40,0	02:45,0	02:31,7	02:40,0	02:28,7	02:34,0	02:25,7	02:30,0	02:22,8	02:27,0
400 LIBRE	05:55,0	06:00,0	05:40,0	05:45,0	05:17,6	05:30,0	05:11,4	05:15,0	05:05,0	05:10,0	05:01,9	05:05,0
800 LIBRE	12:10,0	12:00,0	11:45,0	11:30,0	11:01,0	11:00,0	10:47,8	10:40,0	10:34,8	10:30,0	10:28,5	10:20,0
1500 LIBRE					20:38,4	20:40,0	20:13,6	20:20,0	19:49,3	20:00,0	19:37,5	19:40,0
50 DOS												
100 DOS	01:31,0	01:37,0	01:25,0	01:30,0	01:20,6	01:25,0	01:19,0	01:22,0	01:17,4	01:20,0	01:16,7	01:19,0
200 DOS	03:20,0	03:25,0	03:10,0	03:15,0	02:52,8	03:05,0	02:50,3	03:00,0	02:46,9	02:55,0	02:45,2	02:52,0
50 BRASSE												
100 BRASSE	01:45,0	01:45,0	01:42,0	01:40,0	01:32,1	01:35,0	01:30,3	01:32,0	01:28,5	01:30,0	01:27,6	01:29,0
200 BRASSE	03:42,0	03:45,0	03:35,0	03:40,0	03:22,9	03:30,0	03:18,8	03:25,0	03:14,8	03:20,0	03:12,9	03:17,0
50 PAPILLON												
100 PAPILLON	01:40,0	01:40,0	01:32,0	01:35,0	01:21,3	01:30,0	01:19,7	01:25,0	01:18,1	01:22,0	01:17,3	01:21,0
200 PAPILLON	03:30,0	03:35,0	03:24,0	03:25,0	03:08,6	03:20,0	03:04,8	03:15,0	03:01,1	03:10,0	02:59,3	03:05,0
100 QNI		01:35,0		01:30,0		01:25,0		01:22,0		01:20,0		01:19,0
200 QNI	03:15,0	03:30,0	03:02,0	03:10,0	02:52,5	03:00,0	02:49,0	02:55,0	02:45,7	02:50,0	02:44,0	02:47,0
400 QNI	06:30,0	06:30,0	06:15,0	06:15,0	06:00,6	06:10,0	05:53,4	06:00,0	05:49,8	05:55,0	05:46,3	05:50,0